



NURSING AND EVIDENCE-BASED PRACTICE (EBP) - CHALLENGES FOR THE FUTURE

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INTRODUCTION



Evidence-Based Practice (EBP) is a method used in solving health problems, which uses the best evidence from scientific studies, combining this information with patient preferences and previous experiences to create an individualized solution for each patient (Camargo, et al., 2018).

Several contributions of EBP are recognized, both for professionals, as well as for users and organizations, with the aim of promoting the quality of care, contributing to the reduction of costs (Antunes, 2022). Within the UC of Health Policies and Management in Nursing, a narrative review of the literature was carried out, which aimed to identify the obstacles that prevent the implementation of EBP by nurses

DESENVOLVIMENTO



This review confirms that the application of EBP in nursing practice is still limited.

Aspects described as barriers to EBP are:

- organizational factors including lack of time to research, implement and evaluate evidence;
- work load;
- organizational culture;
- the leadership style;
- lack of knowledge about how to produce and implement evidence;
- difficulty in accessing databases;
- lack of incentives for the dissemination of knowledge

KEYWORDS



Evidence-Based Practice
Nursing,
Challenge
Future.

CONCLUSÃO

These are challenges that must be reviewed in order to enable the integration of EBP in the different areas of nursing worldwide, and make it a sustained practice.



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