

Mobile assisted consumption room in Porto under tender

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Assisted consumption rooms in Portugal



- **2019** – First mobile supervised drug consumption unit in Lisbon (collaboration between Grupo de Ativistas em Tratamentos “GAT”, Médicos do Mundo and the City Council of Lisbon, authorised and monitored by SICAD, and targets socially marginalized drugs users, homeless, daily users engaging in unsafe injecting practices in open drug scenes).
- Team composed of a doctor, a nurse, a social worker, 2 peer workers and 1 psychologist, providing services as supervised consumption, basic healthcare, rapid testing, psychosocial support, peer support, distribution of prevention and risk reduction materials, referral to health structures, community mediation.

Source: Instituto para os comportamentos Aditivos e as Dependências (ICAD)

Assisted consumption rooms in Portugal



- **2021** – First fixed facility for drug consumption supervised in **Lisbon** as part of the Integrated Support Service (SAI).
- This facility provide a dignified environment for individuals with addictive behaviours and dependencies (ABD), promoting health literacy and offering supervised substance use in a sterile space. Additionally, the SAI in Lisbon offers basic amenities such as showers, meals, and leisure activities.

Source: Instituto para os comportamentos Aditivos e as Dependências (ICAD)

Assisted consumption rooms in Portugal



- **2022** – First fixed facility for drug consumption supervised in Porto. The program will initially last for one year, on an experimental basis, followed by a second stage, lasting two years.
- This facility is currently operating at its maximum capacity
- **2024** – Mobile assisted consumption room in Porto under tender.
- This unit will only provide response to user of injectable substances



Population:

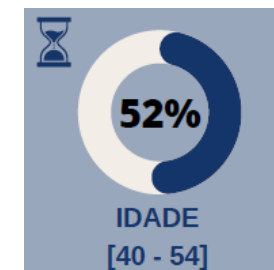
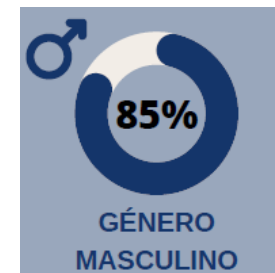
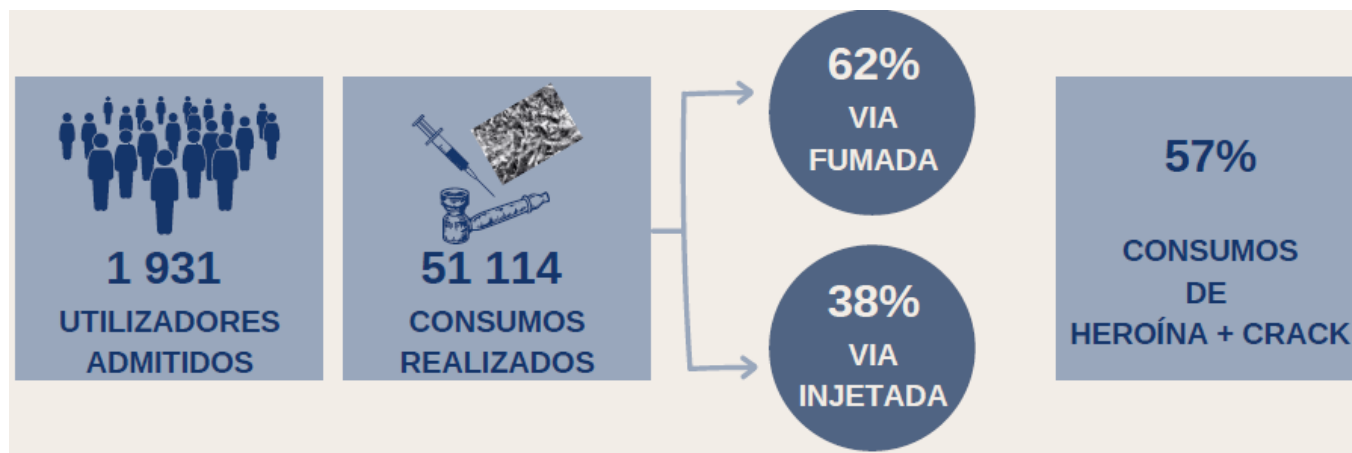
Porto (city): 216 606 (aprox.)

North region: 3 6900 00 (aprox.)

Source: Instituto para os comportamentos Aditivos e as Dependências (ICAD)

Fixed assisted consumption room in Porto (August 2022 – August 2023)

User characterization



Source: https://www.arsnorte.min-saude.pt/wp-content/uploads/sites/3/2023/12/Relatorio_PCVP.pdf

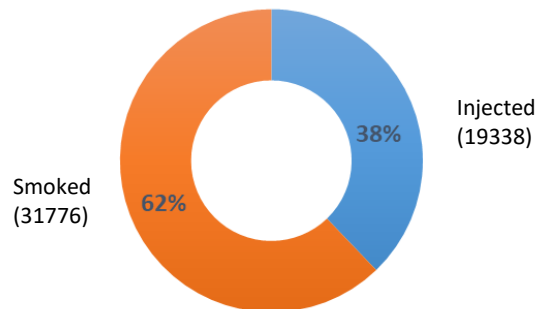
Fixed assisted consumption room in Porto (August 2022 – August 2023)

- Services provided:
 - ✓ Health education actions – 818
 - ✓ Needles and syringes exchanged – 230 100
 - ✓ Pipes and silver paper provided – 497 097
 - ✓ Overdosages reversed – 2
 - ✓ Medical cares: Risk assessment – 1424
 - Infection prevention - 137
 - Others (nursery, mental health) – 2547
 - Referral to other health institutions - 166

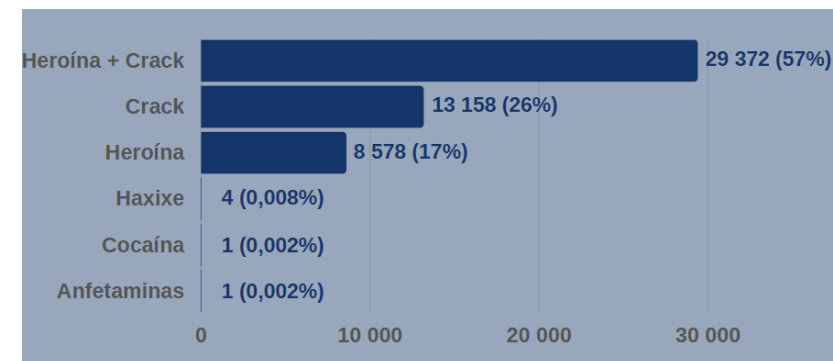
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Fixed assisted consumption room in Porto (August 2022 – August 2023)

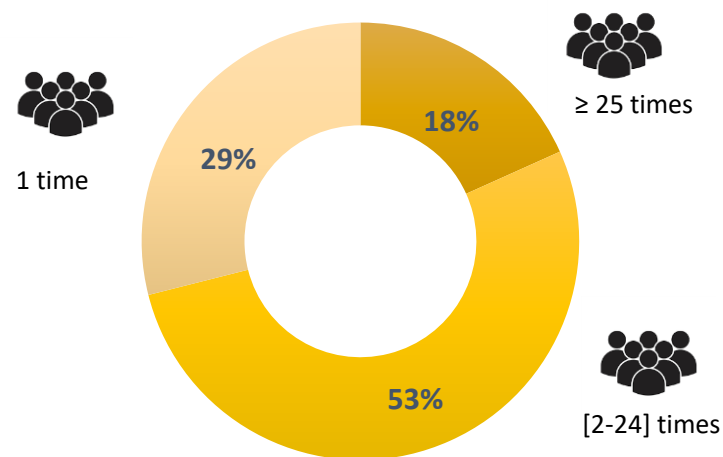
Consumption route



Drugs use



Use of facilities



Source: https://www.arsnorte.min-saude.pt/wp-content/uploads/sites/3/2023/12/Relatorio_PCVP.pdf



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Aditivos e as Dependências, I.P.

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