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Membro do:



Discovery of school nursing adolescents care, by Grounded Theory

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Manuel José Lopes**

Introduction: There is international evidence about properly characterized school nursing practice in several countries, but not in Portugal. Empirically, we recognize that there is a nursing care in Portuguese school health. In that way, its necessary found out what is nursing practice at schools, with children and adolescents in our country.

Objectives: 1) Identified the characteristics of nurses' care process in school health with adolescents; 2) Produce substantive theory.

Methodology: Qualitative research paradigm, Grounded Theory (GT) Method. We use several data collection techniques (interviews, observation, focus-groups) in a total of 98 participants: school nurses, teachers, adolescents students, parents, among others. Data were subjected to a systematic analysis process, using N-Vivo. At second stage we developed theoretical sample during the analysis process (open, axial and selective coding and constant comparison method), emerging concepts and categories that will be the body of future theory, but in this stage allowed us to partially characterize the process of school health nurses' care with adolescents.

Results: This results refers to the first group of analysis - nurses' interviews in school health. Data emerged inductively referring to a major concept named – Adolescents School Nurses Caring - emerging from the practical intervention of the nurses' care process in school health, expressed by a complex and rich context setting. This concept allows us to characterize a care process that promotes Health outcomes and well-being of individual and group adolescents.

Conclusions: The Portuguese nurses' care process in school health, promotes the well-being of adolescents reflected in health and learning education gains, making possible serene evolution in their development.

Keywords: Grounded Theory; School Nursing; Adolescents; Process Care

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