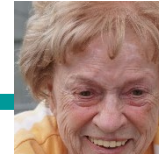
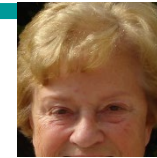
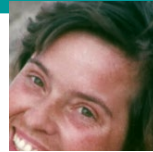
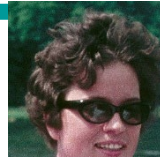




sienha

Strategic Innovative Educational Network
for **Healthy Ageing**



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Background. The health challenges related to the aging of the population, which Europe is facing, force a change in social and health measures and policies in its member states. The Healthy Aging (HA) paradigm requires innovation in educational, social and health environments and the preparation of its professionals, namely Physiotherapists, to work with a focus on promoting health and well-being throughout the life cycle. Thus, it is essential to promote higher education in the European space through the development of skills of students, health and social service professionals.

Aim:
Development of an educational curriculum, focussed on healthy aging throughout the lifespan, aimed at the partner Higher Education Institutions (HEIs) and to the broader educational community with a free and Open Access.

Methods. Multilateral academic cooperation project (36 months), with the participation of seven HEIs, financed by the ERASMUS+ program, consisting of the following intellectual products: identification of a framework of professional competences in HA; development of a curriculum in higher education; development of an innovation and research toolkit in HA.

Expected results. The content developed can be adapted to various levels of education to ensure sustainability and impact. Its long-term objective is the development of a joint master's degree by the partner HEIs.

Conclusions/Implications for physiotherapy. The SIENHA project can thus contribute to: (i) the expansion of knowledge about healthy aging; (ii) The continuous development of skills of students, teachers and professionals; (iii) Innovation, development and use of technologies to support health promotion in Europe; (iv) The development of applied research in an international context, and the effective transfer of theory into practice; (v) The exchange of knowledge between the social sectors and European healthcare for the development of quality practices.