INTERVENTION INSTRUMENT IN THE DENTAL PRACTICE

I AM FAVOLAS:
A HEALTH EDUCATION INSTRUMENT IN DENTISTRY

EVC14

Maria do Rosário Dias
Nádia Pereira Simões
João Amaral da Cruz
Nádia Leitão Martins
Caries remain the most common infectious disease in children.

(Pierce et al., 2002)
<table>
<thead>
<tr>
<th>Theme</th>
<th>Video</th>
</tr>
</thead>
<tbody>
<tr>
<td>Used Pictograms</td>
<td></td>
</tr>
<tr>
<td>Favolas</td>
<td></td>
</tr>
<tr>
<td>Game: Cariogenic Food</td>
<td></td>
</tr>
<tr>
<td>Dentist-Patient Relationship</td>
<td></td>
</tr>
<tr>
<td>Empathy</td>
<td></td>
</tr>
<tr>
<td>Therapeutic Setting</td>
<td></td>
</tr>
<tr>
<td>Conclusion</td>
<td></td>
</tr>
</tbody>
</table>
The elaboration of pedagogical instruments in order to improve therapeutic adhesion of the patient becomes fundamental, i.e. a model of education that prevails improves the enabling of health knowledge passed from a specialist to a layman.

(Marteu & Johnston, 1990)
**Favolas**

Develops the intra and inter-psychic relationship
Pictograms associated with Favolas

Symbolically represents the bacteria responsible for the process of caries

Represents the treatment of caries

Expression of sadness in the face of Favolas = Anthropomorphization
Pictograms associated with Favolas

Tooth brush and turbine

Right-handed and Left-handed.
Game: Cariogenic Food

Cariogenic food cards vs. not cariogenic.
**Game - Cariogenic Food**

Boxes to place the cards from the game.
Some studies reveal correlations between the presence of caries and the nutritional habits practiced by the child. Therefore, we can consider the feeding behavior as a determining factor for the prevention of dental caries.

(Gustafsson et al., 1955)

Playing is part of the natural development of the child, being that playful activity is constituted as a fun way to learn important concepts and skills.

(Garvey, 1977)
**Dentist-Patient Relationship**

Medicine has historically been centered on the figure of the doctor, but the patient has been increasingly incorporating the role of the patient (patient-centered perspective)

(Laine & Davidoff, 1996)
DENTIST-PATIENT RELATIONSHIP

Relational communication is critical in medical practice and in establishing dentist-patient therapeutic relationship.
Avoid failures at the level of communication

Greater relational link

Establishment of an EMPATHIC relationship

In this case study the dentist grants total child protagonism, task to which interpersonal and communicative skills are necessary acquired in the training of undergraduate dentist, restoring autonomy to the sick person
Development of relational bonds at the expense of the therapeutic setting
CONCLUSION

The first contact between the dentist and the patient is key in establishing a future relationship. What seems to influence more this contact is reading non-verbal language of the patient's face.

(Silva, 2008)

The figure of the dentist as a reader of the patient's facial expressions in the setting of dental service.

(Dias, 2014)
CONCLUSION

The application of ludic instruments with children in the odontopediatric consult constitutes itself as an asset under the health education thematic, promoting a more patient-centered perspective as well as its active and participative role in the therapeutic setting.